

# **TABLE OF CONTENTS**

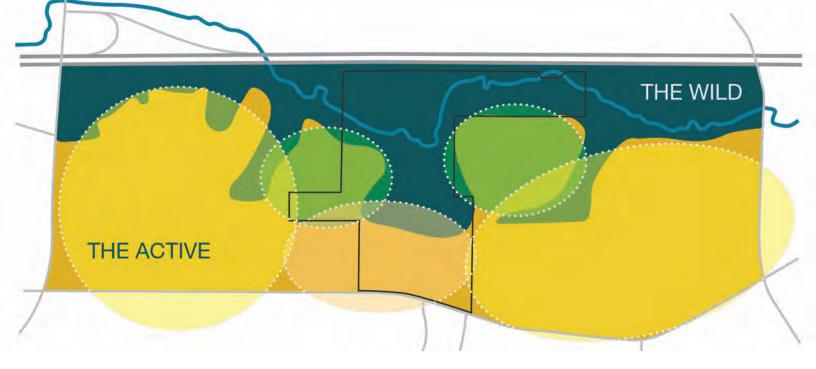
- 03 Summary
- 04 Park Program
- 05 Methodology
- 06 Current Conditions
- O9 Management Objectives & Strategies
- 22 Phasing
- 23 Costs
- 24 Next Steps



#### SUMMARY

The City of Bettendorf and Parks and Recreation department has retained RDG Planning and Design to complete a natural areas management plan to reconstruct, restore and preserve the integrity of the Forest Grove Park's natural features. The management plan primarily focuses on "the wild", a portion of the park that was identified for passive recreation within the 2012 park master plan.

Generally speaking, "the wild" is moderately rolling topography with about 65-75 feet of vertical elevation change. The current land cover is predominantly woodland and agricultural row crop fields. The woodland areas have seen significant encroachment of invasive species over the past 10-15 years.



# **PARK PROGRAM**

Programmatically the park has been divided into two distinct zones: The Wild and The Active. The management plan respects these zones provides distinct sub goals for the wild – the primary portion of the park that will be restored to near pre settlement conditions.

The Wild

Management Goal: Restore the site to near pre-settlement conditions resulting in an ecologically stable, hydrologically functional and culturally significant landscape.

The Active

Management Goal: Prepare the site to facilitate future development and recreation resulting in a resilient, healthy landscape that is implemented through a low impact approach.



# **METHODOLOGY**

On April 22, 2014 RDG Planning and Design completed a one day site assessment of Forest Grove Park to inventory and assess the park's natural features, including the following:

- Ground plane Vegetation
- Trees of significance
- Trees to prune
- Trees to remove
- Slope Stabilization
- Erosion Control
- Spencer Creek Condition

Our process involved walking the site and geo locating natural features using GPS technology and physical hand mapping in the field. These notes were then compared with the existing land cover data prepared by Applied Ecological Services, the existing historical land cover data, floodplain and soil information to inform the parks management strategy.

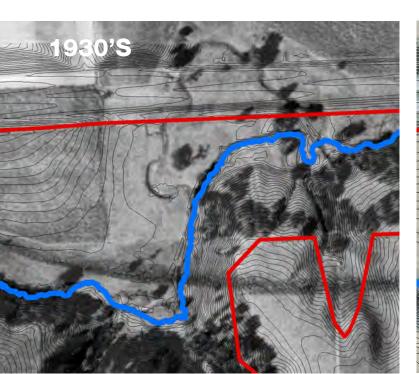
Recommended Management Zones - The Wild:

- Native Prairie
  - o Mesic
- •Riparian Corridor
  - oWoodland Floodplain
  - oAquatic Zone
- Upland Woodland
  - oOak Savanna
  - oOak Hickory Forest
  - oMaple Linden Forest



# **CURRENT CONDITIONS**

Forest Grove Park is currently being taken over by non native invasives - primarily bush honeysuckle, garlic mustard, buckthorn and reed canary grasses. As shown in the photo above, the majority of the woodland areas are in need of immediate attention. Over the next several years, immediate efforts should be made to remove these invasives and began a regular management regime. If left unattended, the cost of restoration will increase significantly, with even greater negative impacts on the park's natural systems.

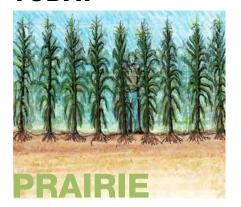




### **HEALTHY LANDSCAPES**

Creating a healthy landscape can be completed through a number of management strategies. These diagrams identify the anticipated time line and results that should be expected.

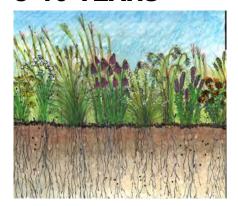
**TODAY** 



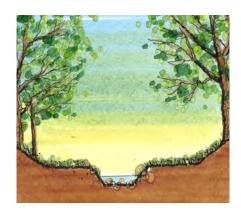
**1-5 YEARS** 

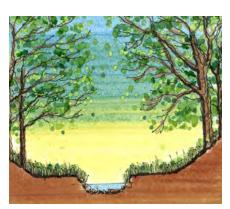


**5-10 YEARS** 





















# MANAGEMENT STRATEGIES

### **OBJECTIVES**

8

**Upland Woodland:** A significant portion of the upland woodland areas have been invaded with Lonicera species (Lonicera tartarica, L. morrowii, L. x bella), Rosa multiflora (Multiflora Rose) and Rhamnus Cathartica (Buckthorn). Lonicera and Multiflora Rose pose a significant ecological threat as they displace and squeeze out the native landscape.

The upland woodland areas were evaluated from two perspectives: the health of each specific tree and the health of the overall plant communities. The following three categories identify how each tree was evaluated:

Trees of Significance: These trees will be landscape focal points and serve as specimen trees. Consideration should be given to limb up or remove branches that pose a threat to human safety if positioned near a trail. If branches are not over a trail and do not pose a threat, branches should be left alone to serve as habitat for all of the parks insects and birds.

Trees to be pruned: These trees pose a threat to human safety or are showing signs of weakness that may jeopardize the tree's health. A certified arborist should oversee these activities.

Trees to come down: These trees pose a threat to human safety and are typically located adjacent to programmed spaces or trails.

In addition to specific tree identification, the upland woodlands were also evaluated from an ecological health standpoint. Each specific typology will require varying levels of restoration. Generally speaking, the predominant threat to each of the landscapes is the presence of invasive species. Invasives shade out ground plane vegetation, eliminating understory vegetation which exposes topsoil. This in turn leads to surface erosion, stormwater runoff and an overall unhealthy landscape.

**Reconstructing and restoring prairie** takes multiple years to accomplish and must be tailored to the sites existing conditions. Based on the park's program and management goals, the project requires two distinct prairie development and management processes. Within the areas that have been in agricultural production, a complete reconstruction is necessary. The following steps are an abbreviated summary of what should be anticipated in order to achieve a healthy, successful prairie. Detailed specifications should be developed prior to proceeding with a management strategy.

**Riparian Corridor:** This zone will require two distinct land management strategies, including tree removal and grade stabilization. Significant stream bank erosion is ongoing in several areas.

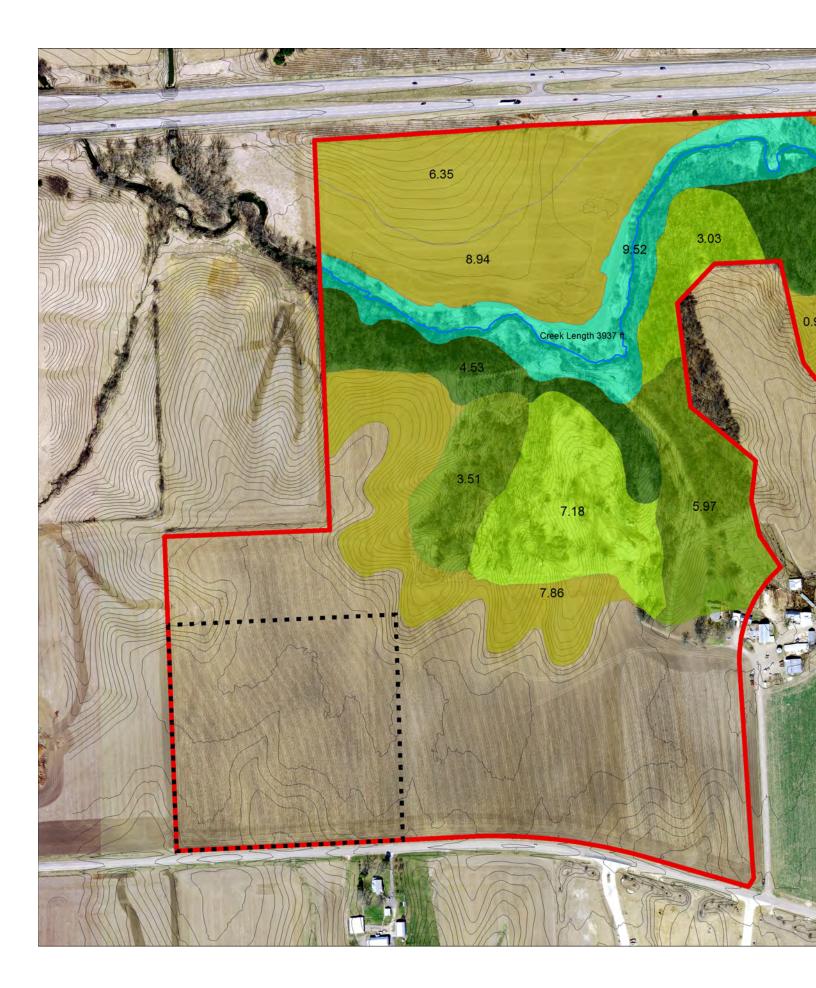
# **PRIMARY INVASIVE SPECIES**













# MANAGEMENT ZONES Legend

Site Boundary
School Boundary
Riparian Corridor
Maple Linden
Mesic Prairie
Oak Hickory
Oak Savanna

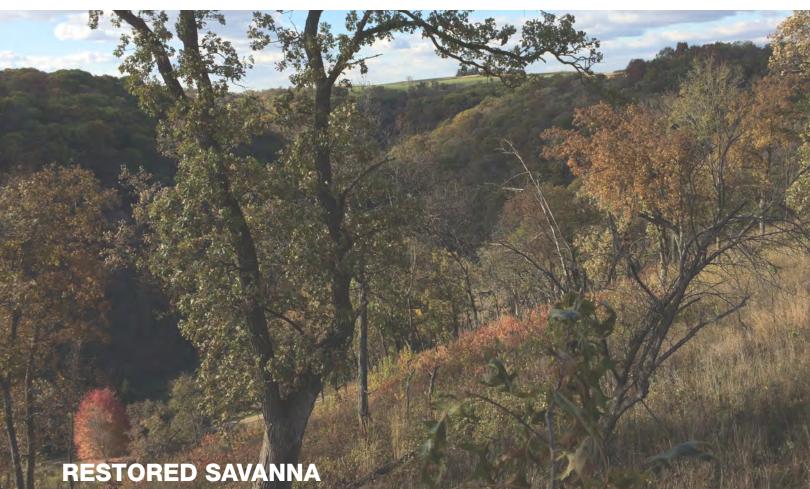
Wet Mesic Prairie

### **OAK SAVANNA**

Oak Savanna: The existing conditions within the delineated oak savanna areas are showing positive signs of ecological health. A significant portion of the ground plain is stable. There are several areas where multiflora rose and buckthorn have begun to invade. These areas should receive the following landscape restoration strategies:

- Step 1- Trash removal: There are a number of locations on site that contain piles of tires, old vehicles, appliances and other trash. All trash should be legally removed and disposed of off site prior to any controlled burning.
- Step 2 Invasive species removal: Generally the oak savanna area is free and clear of a predominant invasive, however scattered stands of multi flora rose and buckthorn exist. These invasive should be removed by both mechanical and chemical means.
- Step 3 Tree Removal / Preservation / Enhancement: As discussed above, there are a significant number of trees that should be addressed.
- Step 4 Active Gully Erosion: After the removal of trash, invasive, and trees, the active gully erosion adjacent to the current agricultural fields should be addressed. Consideration should be given to re-grade and armor (if necessary hydrological runoff calculations should be completed based on future land uses).
- Step 5 Seeding: In areas where earth moving activities have taken place, consideration should be given to install a savanna seed mix.
- Step 6 Controlled Burns: Upon completion of the trash, invasive and tree removal activities, the site should undergo a controlled burn in either early spring or late fall. Controlled burns should be repeated annually for the first four years and biannually thereafter.





## **FORESTED AREAS**

The biggest challenge within the management zones identified as "forest" is the presence of Lonicera SP and Eastern Red Cedar. Currently a significant portion of the woodlands are extremely dense, with very little sunlight reaching the ground. Management of these areas should move forward and follow the same steps as outlined for the Oak Savanna, with two exceptions

- 1 Prior to completing any burning, all of the Eastern Red Cedar and other large non speciman trees should be removed and destroyed. This can be accomplished on or off site through grinding or burning. Trees could also be potentially used for stream bank stabilization along Spencer Creek.
- 2 The management goal for these areas is to create a mature landscape with adequate ground plain shading to support woodland plant communities. To be considered a forest, tree canopy will generally cover at least 50% of the land areas while typical mid western savanna's range in coverage from 10 50% (often resembling pasture).









#### **NATIVE PRAIRIE**

#### Prairie Reconstruction:

- Step 1: Herbicide Application Existing row crop areas should be sprayed with a non selective herbicide (such as round up or rodeo) 10 days prior to the commencement of seeding to kill any existing weeds.
- Step 2: Prepare Seedbed Immediately prior to seeding, the seed bed should be prepared by cultivation or disking the top 6" of soil.
- Step 3: Plant Seed Using a rangeland type drill or no till planter, apply seed at the prescribed rate. After the seed has been installed, roll the seeded area with a cultipack roller and water with fine spray. Seeding operations should commence between April 15, and no later than June 1st.
- Step 5: Watering Native seeds should be watered periodically, approximately 1" per week during the establishment period. Supplemental watering may be necessary.
- Step 6: Mowing reconstructed prairie should be mown once per month to minimize the growth of annual weeds. Clippings should be removed from the site and legally disposed of.
- Step 7: Controlled burn reconstructed prairies may take two years of growth to develop enough biomass to carry a fire. Once the reconstructed prairie is able to carry a fire, prescribed burning should take place annually in early spring.
- Step 8: Spot Spraying during June, July and August, spot spraying should be completed to eliminate the growth of annual weeds which can easily "out compete" the native plants.

#### Prairie Restoration:

Please see the Oak Savanna section below for a detailed management strategy.

# **RECONSTRUCTION**





### RIPARIAN & STREAM RESTORATION

In order to accommodate the increasing flows of Spencer Creek, the following actions are recommended along the corridor.

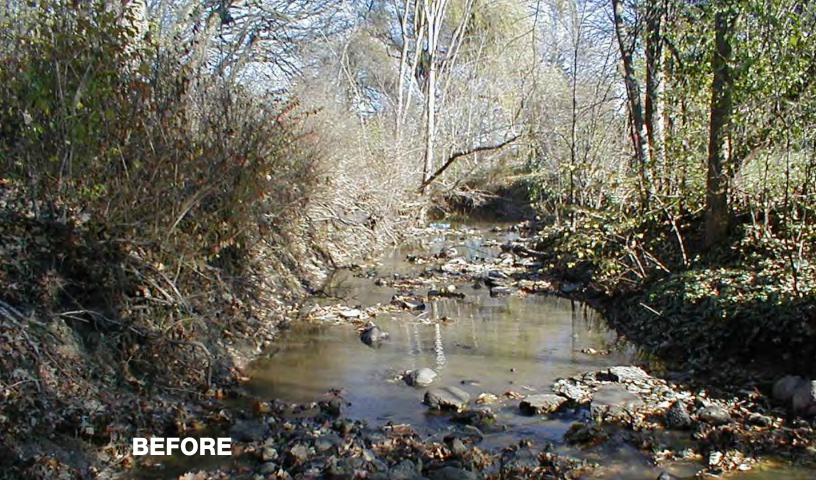
Step 1: Determine required permits – The portion of Spencer Creek that flows through Forest Grove Park is within a designated floodplain. The Iowa DNR, Army Core of Engineers or other agencies may have jurisdiction over this section of Spencer Creek that have specific regulations for floodplain development or construction.

Step 2: Complete a hydrological assessment – A licensed professional should be retained to determine the streams projected flow rate and volume to adequately size bank armoring, determine flow paths and overall stream reach.

Step 3: Design – following the hydrological assessment, a licensed professional should develop plans and specifications that identify specific improvements. Typical stream restorations will involve cutting banks back to achieve a 4:1 or shallower slope. In areas where banks cannot be cut due to the proximity of existing steep terrain, the development of an alternative flow path should be considered to discourage active bank erosion.

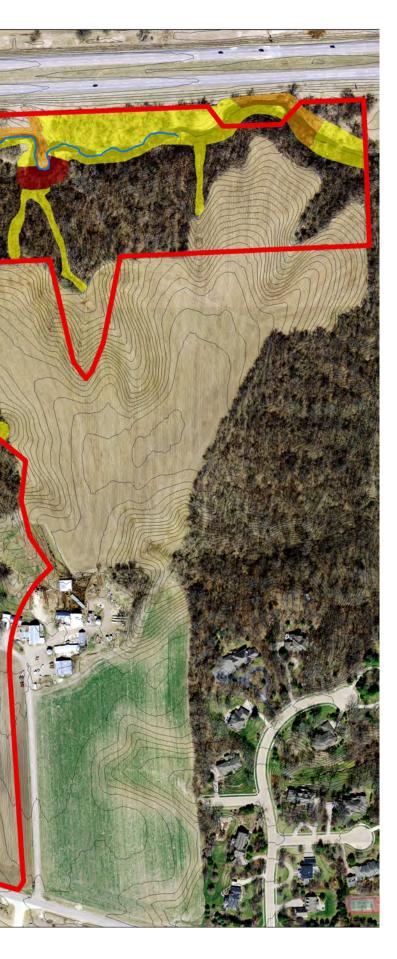
Step 4: Construct – Typically this process will begin with the implementation of an erosion and sediment control plan, tree removals and then grade stabilization. Consideration should be given to restore pool / riffle structures to aid in the oxygenation of the stream, improving the overall health of the Stream.

Step 5: Plant – Following the grading and stabilization of Spencer Creek, the riparian corridor should be sparsely planted with floodplain trees (swamp white oaks, sycamore, cottonwood, etc) and seeded with a native prairie seed mix. The management of this riparian corridor should follow the actions outlined for native prairie reconstruction, but include limited tree planting. Trees planted should be set back at least 30' from the top of the bank.

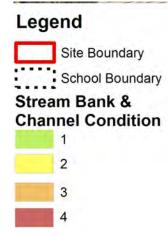








#### **STREAM BANK CONDITION**



# **PHASING PLAN**

Restoration efforts have been phased based on two parameters: 1)allocated funding for intial park improvements and 2) ecological need. Prior to completing stream restoration work, it's highly recommended that the upland woodland and prairie areas become stabilized through restoration efforts, minimize active erosion and bank slumping.



# **COST MODEL**

The following cost model has been developed based on a three year process that will use a traditional design - bid - build approach. The numbers below include contractor fees, general conditions and a 15% contingency. A detailed breakdown is available.

Phase 1 - Owner & Volunteers Responsibilities								
General Park Trash & Fence Removal	1	LS	\$	53,367.00				
Phase 1 - REAP Grant Application								
Target Area #1	10.69	AC	\$	206,974.00				
		Subtotal	\$	206,974.00				
	20% Overhead, Profit, a			\$41,394.80				
		Subtotal		\$248,368.80	Contracted Amount	City & Volunteers	REAP Grant	
		Total		\$301,735.80	\$164,368.80	\$53,367.00	\$150,000.00	
Phase 2								
Oak Hickory	5.97	AC	\$	119,325.38				
Maple Linden	4.53	AC	\$	90,543.38				
		Subtotal	\$	209,868.75				
	25% Soft Costs &	Contractor Fees Total		\$52,467.19 <b>\$262,335.94</b>	Contracted Amount \$157,401.56	City & Volunteers \$104,934.38		
				<b>\$202,000101</b>	<b>41377-102130</b>	ψ <b>201</b> ,301.00		
Phase 3								
Oak Savanna	3.03	AC	\$	66,470.63				
Maple Linden	5.96	AC	\$	130,747.50				
Maple Linden	1.41	AC	\$	30,931.88				
		Subtotal	\$	228,150.00				
	25% Soft Costs &	Contractor Food		\$57,037.50	Contracted Amount	City & Volunteers		
	25% SOIT COSTS &	Contractor Fees Total		\$57,037.50 \$285,187.50	\$171,112.50	\$114,075.00		
Phase 4								
Prairie	7.86	AC	\$	59,008.95				
Prairie	0.92	AC	\$	6,906.90				
Prairie Prairie	3.3 0.57	AC AC	\$ \$	24,774.75 4,279.28				
rialite	0.57	AC	٦	4,273.26				
		Subtotal	\$	94,969.88				
	25% Soft Costs &	Contractor Fees		\$23,742.47	Contracted Amount	City & Volunteers		
	25% Soft Costs &	Contractor Fees Total		\$23,742.47 <b>\$118,712.34</b>	Contracted Amount \$118,712.34	City & Volunteers \$0.00		
	25% Soft Costs &							
Phase 5	25% Soft Costs &							
Prairie	6.35	<b>Total</b> AC	\$	<b>\$118,712.34</b> 47,672.63				
		Total	\$ \$	\$118,712.34				
Prairie	6.35	<b>Total</b> AC	\$	<b>\$118,712.34</b> 47,672.63				
Prairie	6.35 8.94	AC AC Subtotal	\$	\$118,712.34 47,672.63 67,117.05 114,789.68	\$118,712.34	\$0.00		
Prairie	6.35	AC AC Subtotal	\$	\$118,712.34 47,672.63 67,117.05				
Prairie Prairie	6.35 8.94	AC AC Subtotal	\$	\$118,712.34 47,672.63 67,117.05 114,789.68 \$28,697.42	\$118,712.34  Contracted Amount	\$0.00  City & Volunteers		
Prairie	6.35 8.94	AC AC Subtotal	\$	\$118,712.34 47,672.63 67,117.05 114,789.68 \$28,697.42	\$118,712.34  Contracted Amount	\$0.00  City & Volunteers		
Prairie Prairie Phase 6	6.35 8.94 25% Soft Costs &	AC AC Subtotal Contractor Fees Total	\$	\$118,712.34 47,672.63 67,117.05 114,789.68 \$28,697.42 \$143,487.09	\$118,712.34  Contracted Amount	\$0.00  City & Volunteers		
Prairie Prairie Phase 6 Riparian	6.35 8.94 25% Soft Costs &	AC AC Subtotal Contractor Fees Total AC LF	\$ \$ \$ \$	\$118,712.34 47,672.63 67,117.05 114,789.68 \$28,697.42 \$143,487.09 37,781.25 314,308.80	\$118,712.34  Contracted Amount	\$0.00  City & Volunteers		
Prairie Prairie Phase 6 Riparian	6.35 8.94 25% Soft Costs & 3.1 1168	AC AC Subtotal  Contractor Fees Total  AC LF Subtotal	\$ \$ \$ \$	\$118,712.34 47,672.63 67,117.05 114,789.68 \$28,697.42 \$143,487.09 37,781.25 314,308.80 352,090.05	\$118,712.34  Contracted Amount \$71,743.55	\$0.00 City & Volunteers \$71,743.55		
Prairie Prairie Phase 6 Riparian	6.35 8.94 25% Soft Costs &	AC AC Subtotal  Contractor Fees Total  AC LF Subtotal  Contractor Fees	\$ \$ \$ \$	\$118,712.34 47,672.63 67,117.05 114,789.68 \$28,697.42 \$143,487.09 37,781.25 314,308.80 352,090.05 \$88,022.51	\$118,712.34  Contracted Amount \$71,743.55  Contracted Amount	City & Volunteers \$71,743.55	SRF \$4EA	020.40
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Prairie Prairie  Phase 6 Riparian Stream  Phase 7 Riparian	6.35 8.94 25% Soft Costs & 3.1 1168 25% Soft Costs & 4.13 1205	AC AC Subtotal Contractor Fees Total Contractor Fees Total AC LF Subtotal AC LF Subtotal AC LF Subtotal Subtotal	\$ \$ \$ \$ \$	\$118,712.34  47,672.63 67,117.05  114,789.68 \$28,697.42 \$143,487.09  37,781.25 314,308.80 352,090.05 \$88,022.51 \$440,112.56  50,346.46 326,615.25 376,961.71	Contracted Amount \$71,743.55  Contracted Amount \$154,039.40	City & Volunteers \$71,743.55 City & Volunteers \$132,033.77	<b>\$154</b> ,	,039.40
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Phase 6 Riparian Stream  Phase 7 Riparian Stream  Phase 8 Riparian	6.35 8.94 25% Soft Costs & 3.1 1168 25% Soft Costs & 4.13 1205 25% Soft Costs &	AC AC LF Subtotal  Contractor Fees Total  AC LF  Subtotal  Contractor Fees Total  AC LF  Subtotal  Contractor Fees Total  AC LF  Subtotal  AC LF  AC LF  Subtotal  Contractor Fees Total	\$ \$ \$ \$ \$ \$ \$ \$ \$ \$	\$118,712.34  47,672.63 67,117.05 114,789.68 \$28,697.42 \$143,487.09  37,781.25 314,308.80 352,090.05 \$98,022.51 \$440,112.56  50,346.46 326,615.25 376,961.71 \$94,240.43 \$471,202.13	Contracted Amount \$71,743.55  Contracted Amount \$154,039.40  Contracted Amount	City & Volunteers \$71,743.55  City & Volunteers \$132,033.77  City & Volunteers	<b>\$154</b> ,	
Phase 6 Riparian Stream  Phase 7 Riparian Stream  Phase 8 Riparian	6.35 8.94 25% Soft Costs & 3.1 1168 25% Soft Costs & 4.13 1205 25% Soft Costs &	AC AC LF Subtotal  Contractor Fees Total  AC LF Subtotal  Contractor Fees Total  AC LF Subtotal  Contractor Fees Total  AC LF Subtotal	\$ \$ \$ \$ \$ \$ \$ \$ \$ \$	\$118,712.34  47,672.63 67,117.05  114,789.68  \$28,697.42 \$143,487.09  37,781.25 314,308.80 352,090.05  \$88,022.51 \$440,112.56  50,346.46 326,615.25 376,961.71  \$94,240.43 \$471,202.13	Contracted Amount \$71,743.55  Contracted Amount \$154,039.40  Contracted Amount	City & Volunteers \$71,743.55  City & Volunteers \$132,033.77  City & Volunteers	<b>\$154</b> ,	
Phase 6 Riparian Stream  Phase 7 Riparian Stream  Phase 8 Riparian	6.35 8.94 25% Soft Costs & 3.1 1168 25% Soft Costs & 4.13 1205 25% Soft Costs &	AC AC LF Subtotal  Contractor Fees Total  AC LF Subtotal  Contractor Fees Total  AC LF Subtotal  AC LF Subtotal  AC LF Subtotal  Contractor Fees Total	\$ \$ \$ \$ \$ \$ \$ \$ \$ \$	\$118,712.34  47,672.63 67,117.05 114,789.68 \$28,697.42 \$143,487.09  37,781.25 314,308.80 352,090.05 \$98,022.51 \$440,112.56  50,346.46 326,615.25 376,961.71 \$94,240.43 \$471,202.13	Contracted Amount \$71,743.55  Contracted Amount \$154,039.40  Contracted Amount	City & Volunteers \$71,743.55  City & Volunteers \$132,033.77  City & Volunteers	\$154, SRF \$164, SRF	

### **NEXT STEPS**

Implementation: Moving forward with a phased implementation plan must be strategic and sequentially build upon initial restoration efforts that take place. Once an initial effort has been completed, on going maintenance will be critical to the ultimate success of the project. Based on the site visits, restoration proceedures and current conditions, RDG strongly emphasis that annual funds be alloted to the park for these costs. Please see the attached cost model for more information. Other opportunities for restoration can be garnerd from in kind donations through conservation volunteers, colleges, scouting groups and other campaigns. One successful platform for launching an activity like this can be completed through a "bio blizt" which signficantly increases the public's awareness of the parks hidden natural beuty, wildlife and habitat.

Capitol and on going funding for these efforts may come from the City's capitol and operational budgets, as well as these potential resources that support green infrastructure and land management activities:

Natural Resource Conservation Service (NRCS): Funds are available through the farm bill and other government appropriations that will help pay for land managent costs. It is suggested that the city partner with the Soil and Water Conservation District to receive these funds - the majority of the work necessary to recieve these funds has been completed through this planning effort. These funds are available annually through the federal government.

Resource Enhancement And Protection (REAP): The state of Iowa has typically allocated funds to this program on an annual basis. Funding levels vary depending on the legislature and governor's final budget. This management plan will position the City well for receiving these funds. The intial application is typically due in mid August. Please see the following link for more information: http://www.iowadnr.gov/Environment/REAP/REAPFundingatWork/CityParksOpenSpaces.aspx

State Revolving Fund - Green Infrastructure Forgiveable Loan (SRF): The Iowa Finance Authority and the Iowa DNR have partnered to provide communities a unique funding source for low impact development and green infrastructure. The park's stream restoration is uniquely suited for this funding source. In order to qualify for this funding stream, an active loan from IFA for wastewater improvements is required. RDG is able to assist in the application for these funds and has successfully helped other communities receive substantianal funding. Deadlines vary annually, but typically are due during the first and third quarters of each year.

